



JANUARY MENU



| | | MONDAY 2-Jan-23 | T V D E G | TUESDAY 3-Jan-23 | T V D E G | WEDNESDAY 4-Jan-23 | T V D E G | THURSDAY 5-Jan-23 | T V D E G | FRIDAY 6-Jan-23 | T V D E G |
|------------|------------------|--------------------|-----------|---------------------|---|-----------------------|--|----------------------|---|--------------------------|-----------|
| BREAKFAST | WESTERN | | | | | PANCAKE ● ✓ | ✓ | MINI MUFFINS ● ✓ | ✓ | SLICED POUDE CAKE ● ✓ | ✓ |
| | ASIAN | | | | | MALAYSIAN OMELETTE ● | ✓ ✓ | SUNNY SIDE UP EGGS ● | ✓ ✓ | SCRAMBLED EGGS ● | ✓ ✓ |
| | FRUIT | | | | | ASSORTED FRUITS ● | ✓ ✓ ✓ ✓ | WATERMELON ● | ✓ ✓ ✓ ✓ | ROCK MELON ● | ✓ ✓ ✓ ✓ |
| LUNCH | SANDWICH STATION | SCHOOL HOLIDAY | | SCHOOL HOLIDAY | | CIABATTA BREAD ● ✓ | ✓ | TORTILA ● ✓ | ✓ | CREAM OF MUSHROOM SOUP ● | ✓ ✓ |
| | WESTERN | | | | | SLICED CHEESE ● | ✓ ✓ | SLICED CHEESE ● | ✓ ✓ | GARLIC BREAD ● | ✓ ✓ |
| | ASIAN | | | | | CHICKEN HAM ● | ✓ ✓ ✓ | CHICKEN HAM ● | ✓ ✓ ✓ | | |
| | VEGETARIAN | | | | | SALAD ● | ✓ ✓ ✓ ✓ | SALAD ● | ✓ ✓ ✓ ✓ | | |
| WESTERN | | | | | BUTTERED HERB PASTA ● | ✓ ✓ ✓ | AGLIO OLIO ● | ✓ ✓ ✓ | TRICOLOR PASTA ● | ✓ ✓ ✓ | |
| ASIAN | | | | | CRISPY CHICKEN WITH CREAMY CHEESE SAUCE ● | ✓ ✓ | PAN SEARED FISH WITH HOLLANDAISE SAUCE ● | ✓ | CHICKEN BOLOGNESE ● | ✓ ✓ ✓ | |
| VEGETARIAN | | | | | COLESLAW ● | ✓ ✓ ✓ | STEAMED MIXED VEGETABLES ● | ✓ ✓ ✓ ✓ | SAUTEED BROCCOLI ,CARROT AND MUSHROOM ● | ✓ ✓ ✓ ✓ | |
| WESTERN | | | | | ORIENTAL RICE ● | ✓ ✓ ✓ | PLAIN RICE ● | ✓ ✓ ✓ | BIRYANI RICE ● | ✓ ✓ ✓ | |
| ASIAN | | | | | STEAMED FISH WITH SOUR PLUM ● | ✓ ✓ ✓ | CHICKEN SOUP WITH POTATOES ● | ✓ ✓ ✓ | LAMB WITH POTATOES CURRY ● | ✓ ✓ ✓ | |
| VEGETARIAN | | | | | STIR FRY CHINESE CABBAGE AND MUSHROOMS ● | ✓ ✓ ✓ ✓ | SAUTEED SOFT TOFU & SIEW PAK CHOY ● | ✓ ✓ ✓ ✓ | VEGETABLES DALCHA ● | ✓ ✓ ✓ ✓ | |
| WESTERN | | | | | RICE ● | ✓ ✓ ✓ | PLAIN RICE ● | ✓ ✓ ✓ | BIRYANI RICE ● | ✓ ✓ ✓ | |
| ASIAN | | | | | TOFU CURRY ● | ✓ ✓ ✓ | VEGAN CRISPY FISH ● | ✓ ✓ ✓ ✓ | POTATOES CURRY ● | ✓ ✓ ✓ ✓ | |
| VEGETARIAN | | | | | STIR FRY CHINESE CABBAGE AND MUSHROOMS ● | ✓ ✓ ✓ ✓ | TOFU WITH CABBAGE ● | ✓ ✓ ✓ ✓ | MIXED VEGETABLES DALCHA ● | ✓ ✓ ✓ ✓ | |

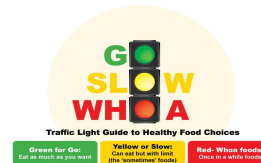
Information & Privilege:

All the food served are Halal
Menu may change according to food supply seasons

Delischool Healthy Food Guidelines

No added salt in cooking. All our food is MSG (monosodium glutamate) free
We reduce saturated fat, the sugar content and artificial coloring in our production
We bake, grill and steam rather than fry
Guaranteed nut-free, Beef free, Seafood free (except fish)

T: TRAFFIC LIGHT SYSTEM
V: VEGETARIAN
D: DAIRY FREE
E: EGG FREE
G: GLUTEN FREE





JANUARY MENU

| | | MONDAY 9-Jan-23 | | | | | TUESDAY 10-Jan-23 | | | | | WEDNESDAY 11-Jan-23 | | | | | THURSDAY 12-Jan-23 | | | | | FRIDAY 13-Jan-23 | | | | | | | | | | |
|--------------------------|------------------|-------------------------------|---|---|---|---|-----------------------|------------------------------------|---------------------------------|---|---|------------------------|------------------------|--------------------------|--|-------|----------------------------------|------------------------------------|-----------------------|-----------------------|---|---------------------|-------------------------------|--------------|--------------------------|------------------|-----------------------------------|---|---|---|---|---|
| | | T | V | D | E | G | T | V | D | E | G | T | V | D | E | G | T | V | D | E | G | T | V | D | E | G | | | | | | |
| BREAKFAST | WESTERN | STEAMED BUNS | ● | | ✓ | ✓ | MINI DONUT KNOB | ● | ✓ | | ✓ | MALAYSIAN PANCAKES | ● | | ✓ | | TOAST WITH BAKED BEANS | ● | ✓ | | | | CHICKEN NUGGET | ● | | ✓ | ✓ | | | | | |
| | WESTERN | SUNNY SIDE UP EGGS | ● | | ✓ | ✓ | OMELETTE | ● | | ✓ | ✓ | BOILED SALTED EGGS | ● | | ✓ | ✓ | BOILED EGGS | ● | | ✓ | ✓ | | SCRAMBLED EGGS | ● | | ✓ | ✓ | | | | | |
| | ASIAN | SINGAPORE STYLE FRIED NOODLES | ● | | ✓ | | INDONESIAN FRIED RICE | ● | | ✓ | | THAI CONGEE | ● | | ✓ | | NASI LEMAK PANDAN WITH CONDIMENT | ● | | ✓ | | | FRIED KWAY TEOW | ● | | ✓ | | | | | | |
| | FRUIT | HONEYDEW | ● | ✓ | ✓ | ✓ | ✓ | WATER MELON | ● | ✓ | ✓ | ✓ | ✓ | APPLES & PEARS | ● | ✓ | ✓ | ✓ | ✓ | HONEYDEW | ● | ✓ | ✓ | ✓ | ✓ | ROCK MELON | ● | ✓ | ✓ | ✓ | ✓ | |
| LUNCH | SANDWICH STATION | PANINI BREAD | ● | | ✓ | ✓ | SANDWICH BREAD | ● | | ✓ | ✓ | PANINI BREAD | ● | | ✓ | ✓ | TORTILA | ● | | ✓ | ✓ | | BAKER'S CROISSANTS | ● | | ✓ | ✓ | | | | | |
| | | SLICED CHEESE | ● | | ✓ | ✓ | SLICED CHEESE | ● | | ✓ | ✓ | SLICED CHEESE | ● | | ✓ | ✓ | SLICED CHEESE | ● | | ✓ | ✓ | SLICED CHEESE | ● | | ✓ | ✓ | | | | | | |
| | | CHICKEN HAM | ● | | ✓ | ✓ | ✓ | CHICKEN HAM | ● | | ✓ | ✓ | ✓ | CHICKEN HAM | ● | | ✓ | ✓ | ✓ | CHICKEN HAM | ● | | ✓ | ✓ | ✓ | | | | | | | |
| | | SALAD | ● | | ✓ | ✓ | ✓ | ✓ | SALAD | ● | | ✓ | ✓ | ✓ | ✓ | SALAD | ● | | ✓ | ✓ | ✓ | ✓ | SALAD | ● | | ✓ | ✓ | ✓ | ✓ | | | |
| | WESTERN | PILAF RICE | ● | | ✓ | ✓ | ✓ | PASTA POMODORO | ● | ✓ | ✓ | ✓ | BUTTER PASTA | ● | ✓ | ✓ | ✓ | BUTTER RICE | ● | ✓ | ✓ | ✓ | PENNE PASTA | ● | ✓ | ✓ | ✓ | | | | | |
| | | GREEK CHICKEN STEW | ● | | ✓ | ✓ | | BREADED FISH WITH BUTTERMILK SAUCE | ● | | ✓ | ✓ | BOLOGNESE CHICKEN BALL | ● | | ✓ | ✓ | ROASTED FISH WITH MOUSSELINE SAUCE | ● | | ✓ | ✓ | FISH FILLET IN CILANTRO SAUCE | ● | | ✓ | ✓ | | | | | |
| | | SAUTEED FRENCH BEANS & CARROT | ● | | ✓ | ✓ | ✓ | ✓ | BOILED MIXED VEGETABLES | ● | ✓ | ✓ | ✓ | ✓ | BUTTER MIXED VEGETABLES TOMATO CONCASE | ● | ✓ | ✓ | ✓ | ✓ | STEAMED PUMPKIN WITH BROCCOLI | ● | ✓ | ✓ | ✓ | ✓ | SAUTEED BROCCOLI AND BELL PEPPERS | ● | ✓ | ✓ | ✓ | ✓ |
| | ASIAN | SAUTEED NOODLES | ● | | ✓ | ✓ | ✓ | ✓ | PLANTA RICE | ● | ✓ | ✓ | ✓ | PLAIN RICE | ● | ✓ | ✓ | ✓ | FRIED NOODLES | ● | ✓ | ✓ | ✓ | BIRYANI RICE | ● | ✓ | | ✓ | | | | |
| | | FISHBALL SOUP | ● | | ✓ | | ✓ | | GRILLED CHICKEN WITH THAI GARVY | ● | | ✓ | ✓ | | KOREAN STYLE FISH DONBURI | ● | | ✓ | ✓ | ✓ | CRISPY CHICKEN WITH ORIENTAL BLACK PEPPER SAUCE | ● | | ✓ | ✓ | | CHICKEN KORMA | ● | | ✓ | ✓ | ✓ |
| | | BOILED BROCCOLI & CAULIFLOWER | ● | | ✓ | ✓ | ✓ | ✓ | VEGETABLES OF THE DAY | ● | | ✓ | ✓ | ✓ | SAUTEED SOFT TOFU & SIEW PAK CHOY | ● | ✓ | ✓ | ✓ | | VEGETABLES OF THE DAY | ● | ✓ | ✓ | ✓ | ✓ | STEAMED MIXED VEGETABLES | ● | ✓ | ✓ | ✓ | ✓ |
| | VEGETARIAN | VEGETARIAN FRIED NOODLE | ● | | ✓ | ✓ | ✓ | TORTILLA WRAP | ● | ✓ | ✓ | ✓ | SPAGHETTI | ● | ✓ | ✓ | ✓ | FRIED NOODLES | ● | ✓ | ✓ | ✓ | BIRYANI RICE | ● | ✓ | ✓ | ✓ | | | | | |
| | | VEGAN SEAWEED FISH | ● | | ✓ | ✓ | ✓ | VEGETARIAN LEMONGRASS CHICKEN | ● | | ✓ | ✓ | ✓ | VEGETARIAN BOLOGNESE | ● | | ✓ | ✓ | STEAMED CARROT & TOFU | ● | ✓ | ✓ | ✓ | ✓ | VEGETARIAN CHICKEN KORMA | ● | ✓ | ✓ | ✓ | | | |
| STEAMED MIXED VEGETABLES | | ● | | ✓ | ✓ | ✓ | ✓ | MIXED SALAD WITH DRESSING | ● | ✓ | ✓ | ✓ | ✓ | STEAMED MIXED VEGETABLES | ● | ✓ | ✓ | ✓ | ✓ | VEGETABLES OF THE DAY | ● | ✓ | ✓ | ✓ | ✓ | MIXED VEGETABLES | ● | ✓ | ✓ | ✓ | ✓ | |

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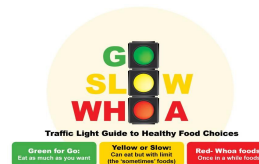
T: TRAFFIC LIGHT SYSTEM

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JANUARY MENU

| | | MONDAY 16-Jan-23 | T | V | D | E | G | TUESDAY 17-Jan-23 | T | V | D | E | G | WEDNESDAY 18-Jan-23 | T | V | D | E | G | THURSDAY 19-Jan-23 | T | V | D | E | G | FRIDAY 20-Jan-23 | T | V | D | E | G | |
|--------------------------|------------------|--|---|---|---|---|--------------------|---|-----------------------------|---|---|---|-----------------------|------------------------|-------------------------------|---|---|---|-----------------------------|------------------------------------|--------------------------|---|---|---|-------------|----------------------------|-----------------|---|---|---|---|---|
| BREAKFAST | WESTERN | POUND CAKE CHOCOLATE | ● | ✓ | ✓ | | | COCKTAIL CHICKEN SAUSAGE | ● | ✓ | ✓ | ✓ | | FRENCH TOAST | ● | ✓ | ✓ | | | HEALTHY BREAKFAST CEREAL | ● | ✓ | | | | HAM SANDWICH | ● | ✓ | ✓ | | | |
| | | CHEESE OMELETTE | ● | | ✓ | ✓ | ✓ | SUNNY SIDE UP EGGS | ● | | ✓ | ✓ | | SCRAMBLED EGGS | ● | | ✓ | ✓ | | HAM OMELETTE | ● | | ✓ | ✓ | | SCRAMBLED EGGS | ● | | ✓ | ✓ | | |
| | ASIAN | HAINAN BREAKFAST NOODLES | ● | | ✓ | | | CHICKEN FRIED RICE | ● | | ✓ | | | VEGAN CONGEE | ● | ✓ | ✓ | ✓ | | FRIED VERMICELLI | ● | | ✓ | | | PRATA WITH DALCHA | ● | | ✓ | ✓ | | |
| | FRUIT | HONEYDEW | ● | ✓ | ✓ | ✓ | ✓ | WATER MELON | ● | ✓ | ✓ | ✓ | ✓ | ROCK MELON | ● | ✓ | ✓ | ✓ | ✓ | BANANA | ● | ✓ | ✓ | ✓ | ✓ | PAPAYA | ● | ✓ | ✓ | ✓ | ✓ | |
| LUNCH | SANDWICH STATION | PANINI BREAD | ● | ✓ | | ✓ | | SANDWICH BREAD | ● | ✓ | | ✓ | | CIABATTA BREAD | ● | ✓ | | ✓ | | CREAM OF CHICKEN SOUP | ● | | ✓ | ✓ | | BAKER'S CROISSANTS | ● | ✓ | | ✓ | | |
| | | SLICED CHEESE | ● | | | ✓ | ✓ | SLICED CHEESE | ● | | | ✓ | ✓ | SLICED CHEESE | ● | | | ✓ | ✓ | GARLIC BREAD | ● | ✓ | | ✓ | | SLICED CHEESE | ● | | | ✓ | ✓ | |
| | | CHICKEN HAM | ● | | ✓ | ✓ | ✓ | CHICKEN HAM | ● | | ✓ | ✓ | ✓ | CHICKEN HAM | ● | | ✓ | ✓ | ✓ | | | | ✓ | | CHICKEN HAM | ● | | ✓ | ✓ | ✓ | | |
| | | SALAD | ● | ✓ | ✓ | ✓ | ✓ | SALAD | ● | ✓ | ✓ | ✓ | ✓ | SALAD | ● | ✓ | ✓ | ✓ | ✓ | | | | ✓ | ✓ | ✓ | SALAD | ● | ✓ | ✓ | ✓ | ✓ | |
| | WESTERN | FRENCH FRIES | ● | ✓ | ✓ | ✓ | | | FETTUCCINE | ● | ✓ | ✓ | ✓ | | GARLIC BUTTER RICE | ● | ✓ | ✓ | ✓ | | SPAGHETTI WITH OLIVE OIL | ● | | ✓ | ✓ | | MASHED POTATOES | ● | ✓ | ✓ | ✓ | |
| | | FISH AND CHIPS | ● | | | ✓ | ✓ | | SLOW COOKED ITALIAN CHICKEN | ● | | ✓ | ✓ | | CHICKEN CHOP WITH BROWN SAUCE | ● | | ✓ | ✓ | | SALMON CARBONARA | ● | | ✓ | ✓ | ✓ | PIZZA HAWAIIAN | ● | | ✓ | ✓ | ✓ |
| | | BUTTER MIXED VEGETABLES TOMATO CONCASE | ● | ✓ | ✓ | ✓ | ✓ | MIXED SALAD | ● | ✓ | ✓ | ✓ | ✓ | HARVEST COBB SALAD | ● | | ✓ | ✓ | ✓ | SAUTEED MUSHROOMS AND BELL PEPPERS | ● | ✓ | ✓ | ✓ | ✓ | ROASTED MIXED VEGETABLES | ● | ✓ | ✓ | ✓ | ✓ | |
| | ASIAN | PLAIN RICE | ● | ✓ | ✓ | ✓ | | | CARROT RICE | ● | ✓ | ✓ | ✓ | | FLAT NOODLES | ● | ✓ | ✓ | ✓ | | PLAIN RICE | ● | ✓ | ✓ | ✓ | | BUTTER RICE | ● | ✓ | | ✓ | |
| | | NYONYA CHICKEN CURRY | ● | | ✓ | ✓ | ✓ | DEEP-FRIED FISH WITH GINGER AND LIME FISH SAUCE | ● | | ✓ | ✓ | | LADNA SOUP | ● | | ✓ | ✓ | ✓ | KOREAN BBQ CHICKEN | ● | | ✓ | ✓ | ✓ | HAINANESE CHICKEN | ● | | ✓ | ✓ | ✓ | |
| | | SAUTEED SOFT TOFU & SIEW PAK CHOY | ● | ✓ | ✓ | ✓ | ✓ | MIXED VEGETABLES PORIYAL | ● | ✓ | ✓ | ✓ | ✓ | VEGETABLES OF THE DAY | ● | ✓ | ✓ | ✓ | ✓ | CHINESE VEGETABLES STIR FRY | ● | ✓ | ✓ | ✓ | ✓ | MIXED SALAD | ● | ✓ | ✓ | ✓ | ✓ | |
| | VEGETARIAN | FRIED SPAGHETTI | ● | ✓ | ✓ | ✓ | | | CARROT RICE | ● | ✓ | ✓ | ✓ | | PARATHA | ● | ✓ | ✓ | ✓ | | SPAGHETTI | ● | ✓ | ✓ | ✓ | | MASHED POTATOES | ● | ✓ | ✓ | ✓ | |
| | | VEGETARIAN CHICKEN | ● | ✓ | ✓ | ✓ | | STEAMED CARROT & PUMPKIN | ● | ✓ | ✓ | ✓ | ✓ | TOFU MASALA CURRY | ● | ✓ | ✓ | ✓ | | VEGETARIAN CARBONARA | ● | ✓ | ✓ | ✓ | | PAN SEARED VEGETARIAN FISH | ● | ✓ | ✓ | ✓ | | |
| STEAMED MIXED VEGETABLES | | ● | ✓ | ✓ | ✓ | ✓ | VEGETABLES PORIYAL | ● | ✓ | ✓ | ✓ | ✓ | VEGETABLES OF THE DAY | ● | ✓ | ✓ | ✓ | ✓ | BOILED BABY CORN & BROCCOLI | ● | ✓ | ✓ | ✓ | ✓ | MIXED SALAD | ● | ✓ | ✓ | ✓ | ✓ | | |

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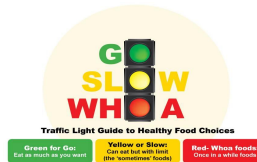
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JANUARY MENU



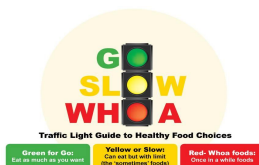
| | | MONDAY 23-Jan-23 | T V D E G | TUESDAY 24-Jan-23 | T V D E G | WEDNESDAY 25-Jan-23 | T V D E G | THURSDAY (CNY MENU) 26-Jan-23 | T V D E G | FRIDAY 27-Jan-23 | T V D E G |
|-----------|------------------|---------------------|-----------|----------------------|-----------|------------------------|-----------|--|-----------|---|-----------|
| BREAKFAST | WESTERN | | | | | | | TOAST WITH JAM | ● ✓ | MINI CROISSANT | ● ✓ ✓ ✓ |
| | ASIAN | | | | | | | HAM OMELETTE | ● ✓ ✓ | SCRAMBLED EGG | ● ✓ |
| | FRUIT | | | | | | | STIR FRIED CHAR KWAY TEOW | ● ✓ ✓ ✓ | MUSHROOM FRIED RICE | ● ✓ ✓ ✓ ✓ |
| LUNCH | SANDWICH STATION | | | | ● | | | MIXED FRUIT | ● ✓ ✓ ✓ ✓ | WATER MELON | ● ✓ ✓ ✓ ✓ |
| | WESTERN | CNY HOLIDAY | | CNY HOLIDAY | | CNY HOLIDAY | | CANTONESE SPRING ROLLS | ● ✓ ✓ ✓ | BAKER'S CROISSANTS | ● ✓ ✓ |
| | ASIAN | | | | | | | ASSORTED DUMPLINGS | ● ✓ | SLICED CHEESE | ● ✓ ✓ |
| | VEGETARIAN | | | | | | | PRAWN CRACKERS | ● ✓ ✓ | CHICKEN HAM | ● ✓ ✓ ✓ |
| | WESTERN | | | | | | | FRENCH FRIES | ● ✓ ✓ ✓ | BUTTER RICE | ● ✓ ✓ ✓ |
| | ASIAN | | | | | | | LASAGNA | ● ✓ ✓ | BREADED CHICKEN WITH BLACK PEPPER SAUCE | ● ✓ ✓ |
| | VEGETARIAN | | | | | | | MIXED SALAD | ● ✓ ✓ ✓ | BUTTERED MIXED VEGETABLES | ● ✓ ✓ ✓ |
| | | | | | | | | PLAIN RICE | ● ✓ ✓ ✓ | LAKSA NOODLE | ● ✓ ✓ ✓ |
| | | | | | | | | SESAME CHICKEN WITH STICKY ASIAN SAUCE | ● ✓ ✓ ✓ | PENANG ASAM LAKSA | ● ✓ ✓ ✓ |
| | | | | | | | | CNY MIXED VEGETABLES | ● ✓ ✓ ✓ ✓ | LAKSA CONDIMENT | ● ✓ ✓ ✓ ✓ |
| | | | | | | | | PLAIN RICE | ● ✓ ✓ ✓ | PLANTA RICE | ● ✓ ✓ ✓ |
| | | | | | | | | VEGETARIAN MOCK CHICKEN WITH ASIAN SAUCE | ● ✓ ✓ ✓ ✓ | VEGETARIAN CHICKEN IN DARK SOY SAUCE | ● ✓ ✓ ✓ |
| | | | | | | | | STEAMED BROCCOLI & CARROTS | ● ✓ ✓ ✓ ✓ | CHINESE MIXED VEGETABLES STIR FRY | ● ✓ ✓ ✓ ✓ |

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JANUARY MENU



| | | MONDAY 30-Jan-23 | | | | | TUESDAY 31-Jan-23 | | | | | WEDNESDAY 1-Feb-23 | | | | | THURSDAY 2-Feb-23 | | | | | FRIDAY 3-Feb-23 | | | | |
|-----------------------------|------------------|------------------------------|---|---|---|---------------------------------|---------------------------------|---|---|---|-------------------------|---------------------------------------|---|---|---|----------------------|--|---------------|---|---|----------------------------|-------------------------------------|---|---|---|---|
| | | T | V | D | E | G | T | V | D | E | G | T | V | D | E | G | T | V | D | E | G | T | V | D | E | G |
| BREAKFAST | WESTERN | BRUSSEL WAFFLES | ✓ | | ✓ | | ITALIAN FRIED MACCHERONI | ✓ | | ✓ | | ASSORTED CEREAL WITH FRESH MILK | ✓ | | ✓ | | EGGS SANDWICH | ✓ | | | | TOAST WITH KAYA | ✓ | ✓ | ✓ | |
| | | TUNA OMELETTE | ✓ | | ✓ | | SUNNY SIDE UP EGGS | ✓ | | ✓ | | BOILED EGGS | ✓ | | ✓ | | HAM OMELETTE | ✓ | | ✓ | | SCRAMBLED EGG | ✓ | | | |
| | ASIAN | VEGETARIAN CHAR KWAY TEOW | ✓ | | | | CHEESE SANDWICH | ✓ | | | | CHICKEN PORRIDGE | ✓ | | | | FRIED RICE WITH CRISPY ANCHOVIES | ✓ | | ✓ | | FRIED BEE HOON | ✓ | ✓ | ✓ | ✓ |
| | FRUIT | HONEYDEW | ✓ | ✓ | ✓ | ✓ | MIXED FRUITS | ✓ | ✓ | ✓ | ✓ | ORANGE | ✓ | ✓ | ✓ | ✓ | ROCK MELON | ✓ | ✓ | ✓ | ✓ | WATER MELON | ✓ | ✓ | ✓ | ✓ |
| LUNCH | SANDWICH STATION | CIABATTA BREAD | ✓ | | ✓ | | PANINI BREAD | ✓ | | ✓ | | TORTILA WRAP | ✓ | | ✓ | | CREAM OF BROCCOLI SOUP GARLIC BREAD | ✓ | | ✓ | ✓ | BAKER'S CROISSANTS | ✓ | | ✓ | |
| | | SLICED CHEESE | ✓ | | ✓ | ✓ | SLICED CHEESE | ✓ | | ✓ | ✓ | SLICED CHEESE | ✓ | | ✓ | ✓ | | SLICED CHEESE | ✓ | | ✓ | ✓ | | | | |
| | | CHICKEN HAM | ✓ | | ✓ | ✓ | CHICKEN HAM | ✓ | | ✓ | ✓ | CHICKEN HAM | ✓ | | ✓ | ✓ | | CHICKEN HAM | ✓ | | ✓ | ✓ | | | | |
| | | SALAD | ✓ | | ✓ | ✓ | SALAD | ✓ | | ✓ | ✓ | SALAD | ✓ | | ✓ | ✓ | | SALAD | ✓ | | ✓ | ✓ | | | | |
| | WESTERN | MACARONI | ✓ | ✓ | ✓ | | SPAGHETTI AGLIO OLIO | ✓ | ✓ | ✓ | | TOMATO RICE | ✓ | ✓ | ✓ | | MASHED POTATOES | ✓ | ✓ | ✓ | | BUTTER RICE | ✓ | ✓ | ✓ | |
| | | CHICKEN CARBONARA | ✓ | | ✓ | ✓ | SEA BASS WITH ROMESCO SAUCE | ✓ | | ✓ | ✓ | FISH STICKS | ✓ | | ✓ | ✓ | CHICKEN BREAST WITH MUSHROOM GRAVY | ✓ | | ✓ | ✓ | GRILLED CHICKEN WITH HOMEMADE SAUCE | ✓ | | ✓ | ✓ |
| | | BROCCOLI WITH GARLIC SAUCE | ✓ | | ✓ | ✓ | SAUTEED SPINACH AND RED PEPPERS | ✓ | | ✓ | ✓ | BUTTER MIXED VEGETABLES | ✓ | | ✓ | ✓ | STEAMED PUMPKIN WITH BROCCOLI | ✓ | | ✓ | ✓ | DUTCH POTATO SALAD | ✓ | ✓ | ✓ | ✓ |
| | ASIAN | CURRIED RICE | ✓ | ✓ | ✓ | | PLAIN RICE | ✓ | ✓ | ✓ | | SAUTEED NOODLES | ✓ | ✓ | ✓ | | PLAIN RICE | ✓ | ✓ | ✓ | | CHAR KWAY TEOW | ✓ | ✓ | ✓ | |
| | | SWEET & SOUR FISH | ✓ | | ✓ | ✓ | MOO GOO GAI PAN | ✓ | | ✓ | ✓ | SPICED CHICKEN IN HONEY AND BBQ SAUCE | ✓ | | ✓ | ✓ | FISH IN MILD COCONUT CURRY | ✓ | | ✓ | ✓ | FISH FILLETS WITH SPECIAL SAUCE | ✓ | | ✓ | ✓ |
| | | STIR-FRY BOK CHOY | ✓ | | ✓ | ✓ | VEGETABLES OF THE DAY | ✓ | | ✓ | ✓ | EGGPLANT WITH GARLIC SAUCE | ✓ | | ✓ | ✓ | ALOO GOBI | ✓ | | ✓ | ✓ | BOK CHOY WITH GARLIC SAUCE | ✓ | | ✓ | ✓ |
| | VEGETARIAN | PLAIN RICE | ✓ | ✓ | ✓ | | PLAIN RICE | ✓ | ✓ | ✓ | | TOMATO RICE | ✓ | ✓ | ✓ | | PLAIN RICE | ✓ | ✓ | ✓ | | RICE | ✓ | ✓ | ✓ | |
| | | VEGAN SWEET & SOUR "CHICKEN" | ✓ | | ✓ | ✓ | KAKIAGE TEMPURA | ✓ | | ✓ | ✓ | VEGAN BBQ CHICKEN | ✓ | | ✓ | ✓ | ALOO GOBI | ✓ | | ✓ | ✓ | VEGAN CHICKEN SOUP SPECIALS | ✓ | | ✓ | ✓ |
| STIR-FRY BOK CHOY WITH TOFU | | ✓ | | ✓ | ✓ | SAUTEED SPINACH AND RED PEPPERS | ✓ | | ✓ | ✓ | BUTTER MIXED VEGETABLES | ✓ | | ✓ | ✓ | VEGETARIAN FISH SOUP | ✓ | | ✓ | ✓ | BOK CHOY WITH GARLIC SAUCE | ✓ | | ✓ | ✓ | |

Information & Privilege:

All the food served are Halal

Menu may change according to food supply seasons

Delischool Healthy Food Guidelines

No added salt in cooking. All our food is MSG (monosodium glutamate) free

We reduce saturated fat, the sugar content and artificial coloring in our production

We bake, grill and steam rather than fry

Guaranteed nut-free, Beef free, Seafood free (except fish)

T: TRAFFIC LIGHT SYSTEM

V: VEGETARIAN

D: DAIRY FREE

E: EGG FREE

G: GLUTEN FREE

